



RISING STARS PERSONAL TRAINING

Coaches will train players of all ages from beginner to advanced levels. Bio's of personal trainers can be found on the web site at www.joyofthegame.com. Sessions can be 1 hour or 30 minutes in length and our trainers will teach important skills for players of any position or ability. Furthermore, our basketball trainers will work on specific needs based on your request. Personal Training must be set through the Joy of the Game offices. For more information you can contact Brian Davis at the Joy of the Game offices at 847-498-6646 or info@joyofthegame.com.

Hourly Fees:

Personal Trainer Fee:	\$90 per hour
Five (5) Sessions:	\$400
Ten (10) Sessions:	\$750
Buddy Package (3 or more)	\$50 per person

30 Minute Fees:

Personal Trainer Fee:	\$60 per 1/2 hour
Five (5) Sessions:	\$250
Ten (10) Sessions:	\$450
Buddy Package (3 or more)	\$30 per person

**FOR MORE INFORMATION CALL 847-498-6646 OR REGISTER AT
WWW.JOYOFTHEGAME.COM**

